## **Do Not Commit Adultery**

## Scripture Reading: Exodus 20:14

This is the seventh commandment. These days we see a lot of inappropriate relationships between guys and girls. When we ask a person why is he/she so close with a person of the other gender, they would say that it is very common in today's world. It is good for us to have friends, but one should know the boundaries. The bible says that a person has committed adultery in his heart if he's seen a woman with a lustful intent.

All the movies, shows and even the commercials shown on the T.V are targeted to provoke lustful desires in us. We can observe the casual attitude of our young people when we see them in the parks, streets and many other places laughing out loud, mocking at others, guys and girls not maintaining the fair distance that they're supposed to have between them.

We've also witnessed the harm that can be caused by misusing the social websites. Though there is no time to spend with the friend nearby, we have heard people proudly say, I have 100 friends online, I have 200 friends online, etc. many people have destroyed their lives because of these websites.

It is in your hands to set your life in the right path. It is always difficult to straighten that which is crooked. Therefore choose your friends with wisdom. What are you looking upon? Do not let sin to control your mind.

## **Questions:**

- 1) What is then seventh commandment?
- 2) What is adultery?
- 3) What kind of friends should we have?