

Do Not Take the Name of the Lord Thy God In Vain

Scripture Reading: Exodus 20:7

The third commandment: "Do not take the name of the Lord thy God in vain". We should never misuse the name of God. For example, we might try to scare someone by saying; "I will complain to the teacher, I will complain to parents or authorities". Trying to use God's name on these lines is using His name in vain.

Remember the Sabbath day, to keep it holy. Exodus 20:8-11

The fourth commandment is to remember the Sabbath and keep it holy. God created all things in 6 days and rested on the seventh day. God blessed that day and said to keep the day holy. God ordained that day for rest and to worship God.

Six days of a week we get up early, finish all our morning duties and rush to school, college or our respective work places. When it's a Sunday, we want to sleep and take rest. Rest is required, but to worship God is more important.

We should worship God each day and at all times. We should worship Him even more on a Sunday. More importantly, our life itself should be a worship unto God. Not just through words, we should worship God through our life and with all our heart.

Questions:

- 1) What does it mean to take the name of the Lord God in vain?
- 2) Why did God ordain a Sabbath day?
- 3) How should we worship?