

How to meditate the word of God?

Scripture Reading: Psalms 1:1-6

Meditation of God's word is nothing but an intent thought upon a particular verse as to how it can be implemented in your day-to-day life. For example, a cow after grazing over the grass, sits in a convenient place and chews over the same thing. To meditate is to compare a verse to life's situation and implement it there.

We have to meditate the words of God in order to become like Jesus (Ephesians 4:13). If we want to be victorious in what we want to do and prosper in our plans, we have to meditate the words of God (psalms 1:2&3). The psalmist says that his meditation about God was sweet (Psalms 104:34). In order to live, speak and walk with wisdom, we have to meditate the words of God (Joshua 1:8).

How to increase our meditating skills?

The scripture that you read should become an imagination in your heart. The incident that you read should run like a movie in your mind. Speak out loudly the words you read. Read the particular scripture repeatedly and each time focus on different words. Make that verse as your own. Replace the names in the scripture with your name and read it out. Let that verse become your prayer. In doing so you will be able to inherit what the word says.

Questions:

1. What should we do if we want to become like Jesus?
2. How to meditate the bible?