

Anger

Scripture Reading: Proverbs 22:24, 25; 15:16-18; 18:19

Anger is a very destructive character found in some people. For a few, even when a single word is spoken against them, they will be completely overcome by anger. Some people's facial expression will always portray anger.

Anger is very dreadful and dangerous. It will lead people towards destruction. Such a person will face a lot of difficulties in his life. When you give room to anger, you cannot walk in the path that pleases God. Anger will also increase the enemies against you.

The doctors say that many diseases that people get are connected to anger. An angry man will not have many friends. He will be hated by many. Where there is anger, there is quarrel and conflict. We have to get rid of this anger.

If you are a person given to anger, pray and seek God's help. Before you speak out or react in anger, just ask God's help. God will surely give you victory over it. Try counting the numbers from 1 to 10 in situations that might make you angry. Even then if your anger is not ceased, try counting till 100. If that too is not helping, engage yourself in something that you love to do. Be completely convinced in your heart that you should not be controlled by anger.

The bible counsels us to not have friendship with a person given to anger. Because, when we walk with such a person we too will be influenced by that character. Therefore, it is good to avoid fellowship with people given to anger. We have to get rid of this character which God utterly hates.

Patience will always please God and people.

Questions:

1. Describe anger?
2. Why should we not have friendship with an angry man?
3. Which character will please God and people?