

May: 22

## God is our Refuge

### Scripture Reading: Psalms Chapter 46

God is our refuge and strength, a very present help in trouble. Therefore we will not fear, even though the earth be removed, and though the mountains be carried into the midst of the sea; though its waters roar and be troubled, though the mountains shake with its swelling. There is a river whose streams shall make glad the city of God, the holy place of the tabernacle of the Most High. God is in the midst of her, she shall not be moved; God shall help her, just at the break of dawn. The nations raged, the kingdoms were moved; He uttered His voice, the earth melted. The Lord of hosts is with us; the God of Jacob is our refuge. Come, behold the works of the Lord, who has made desolations in the earth. He makes wars cease to the end of the earth; He breaks the bow and cuts the spear in two; He burns the chariot in the fire. Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!



Dear children, today's news is all about wars and rumors of wars in many nations. It's pathetic to live in a war zone. Multitudes are facing such situation right now who know not what to do and who have not a way to escape. Only God can be a refuge for them and create an escape way for such into safety. God Himself will protect them. Even sickness is something that traps people. We have to seek God at such times. God will heal us. He protects us from so many road accidents each day. All that we have to do to have such a great loving God as our refuge is to just sit at His feet and cling on to Him.

**"The eternal God is your refuge, and underneath are the everlasting arms; He will thrust out the enemy from before you, and will say, 'Destroy!'" Deuteronomy 33:27**

### Prayer

Lord of Hosts, we thank You for being with us. Thank You for being our refuge and strength and a very present help in trouble. Amen



**“ I AM THE  
GOOD  
SHEPHERD ”**